Raider Review 10.16.24

Crown of Life Lutheran School David Mielke, Principal 115 Crusader Ave. | West St. Paul MN 55118 651.451.3832 | www.colwsp.org | schooloffice@colwsp.org



- Early Dismissal @11:30 this Wednesday, October 16 No bus, no lunch, no ASC
- NO SCHOOL Thursday & Friday. Our teachers will be attending the MN District Teachers' Conference.
 Enjoy your long weekend!

S'More Fun - Friday October 18, 5pm at the Eagan Campus (4150 Pilot Knob Rd) There will be a campfire, hotdogs, and of course S'Mores! Join us for this fun, free, family event!

Trunk or Treat - Saturday, October 26, 4:00 pm - 6:00 pm, WSP campus.

MORE TRUNKS ARE NEEDED

NO MORE CANDY IS NEEDED

- Volunteers are needed for the Welcome Table, Outdoor Set-Up Crew and Clean-Up Crew.
- Those decorating a trunk will need to be in the parking lot at 2:30 pm for set up. Candy will be provided for each trunk.
- This is an OUTDOOR only event. Restrooms will be available. We will
 not be providing food as in past years.
- Contact Samantha Peterson 651-564-1432 or email
 <u>SamanthaPeterson100@gmail.com</u> with questions. There are Sign up sheets in the church narthex (WSP & Eagan). Click here to sign up.

Parent Teacher Conference Signups – November 7, 12:15-8:00pm

Parent Teacher Conferences for all grades Preschool - 8 are coming up on Thursday, November 7, from 12:15 - 8pm. (Preschool also offers conferences on Wed, Nov 6 from 4:00-7:00pm.) These conferences are required in the fall. NEW this year - there will be NO SCHOOL on that day. The teachers will have an inservice in the morning and conferences will begin at 12:15pm. A SignUp Genius was sent out yesterday; please check your email for the links to sign up.

NOTE: New this year, we're offering parents the opportunity to meet with Pastor Kom and/or Pastor Burgess. A SignUp Genius was sent out for that as well.

Let's PLAY!!

Our Crown of Life playground project is moving full speed ahead. Plans are underway for a Summer 2025 build. Total cost is estimated to be \$125,000. Some funds have already been set aside, but we are making a push to cover the necessary \$80,000 deposit due by the end of this year. Our goal is \$80K in 8 weeks. Please contact Principal Mielke.

November Lunch Menu & Signup – The November lunch Sign up went out this week. The menu is attached; click here to order. Orders are due by noon on Monday, October 21.

PTN Meeting October 21 @ Erica Clark's home – Social 6pm; Meeting 6:30pm. 6155 Bacon Ave. IGH.

Important Dates

Oct 16 Mornings with Me 8am
Early Dismissal 11:30am

Oct 17-18 No School – MN Dist.

Teachers Conf.

Oct 18 S'More Fun 5pm@EGN

Oct 21 PTN Mtg@ Erica Clark's

home

Oct 23 Picture Re-takes 8am

Oct 25 End of Qtr 1

Forever Faithful



Good News



Classroom News

Preschool

<u>Kindergarten</u>

1st Grade

2nd Grade

3rd Grade

4th Grade

5th Grade

6th - 8th Grade

Athletic News

COL Swag Shop - BSN Sports

COMING SOON...PTN is excited to launch a new way of fundraising at COL. Turn your everyday expenses into earnings for our school. Through COL's RaiseRight fundraising program, your family will be able to purchase gift cards for groceries, gas, clothing, coffee, dining out, and more. The best part - you get 100% of the amount you purchased and the brands automatically give up to 20% back to our school's fundraising program. Look for more information in next week's Raider Review.

Bible Information Class, Begins Jan. 8

Our Bible Information Class is a class on the basic truths of the Bible and how Christians put those truths into practice. It can be a good "refresher" class for current church members, but also serves as a membership class for those interested in joining the CoL church family. A new class begins on Wednesdays, starting January 8, and runs 10 weeks. Choose from two different times: 8:00-9:30am or 5:00-6:30pm. Interested? Let us know at: tinyurl.com/CoLBIC2025!

After School Supervisor Needed – We have an immediate opening to fill a part-time ASC Supervisor position, to cover Fridays. ASC is offered to K-8 grades, from 3:30 – 5:30pm. **This is a paid position.** Contact the school office if interested.

Skim & 1% milk served daily

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.



651-453-1136





Menu Name : Crown of Life Lutheran School Lunch Menu Options Provided: Hot, Hot Vegetarian, Cold Meals & Deli Salads Grade Level / Age Group: Pre-K-8 Meal Pattern: NSLP Meal: Lunch **NOVEMBER - 2024 Building Lunch Menus Students Love** Friday, November 1, 2024 **Garlic Brushed Cheesy** According to the USDA, schools are responsible for about 530,000 tons of discarded food (excluding milk) annually. We can only nourish students if they French Bread Pizza Hot Meal eat the meals we provide. Assorted Salad Bar Week IV We create menus to hold students' interest throughout the year. We include a mix of long-time favorite meals as well as trendier foods that expose Daily Fruit students to new flavors and cultures. Each week, we offer healthy whole grains, different proteins and a variety of fruits and vegetables to prevent boredom. We continually monitor the popularity of meals and replace those that are less popular with new ones to inspire joyful eaters. We also let students choose from multiple daily options rather than forcing everyone to take something they may not like. Grilled Cheese Sandwich w/ Amercian Cheese Grilled Chicken Club on Ciabatta & These measures help ensure our meals feed more students and fewer trash cans. Grahams Monday, November 4, 2024 Tuesday, November 5, 2024 Wednesday, November 6, 2024 Friday, November 8, 2024 Thursday, November 7, 2024 Chicken Tender Wrap & **Walking Taco** Mac & Cheese Homemade Ranch Meal Nacho Cheese Doritos, Seasoned Beef. Cheetos Assorted Salad Bar NO SCHOOL NO SCHOOL Black Beans, Cheese, Cilantro, Sour 돧 Assorted Salad Bar Cream & Salsa Daily Fruit Week V Daily Fruit Assorted Salad Bar Hot, Hot Veg & Cold Meals : Daily Fruit Fluffy Umelet, Bean & Cheese Pupusa Hot Veg Stuffed Rigatoni Ruttermilk Pancakes & Svrun Wowbutter & Jelly Sandwich & Turkey & Cheese on a Bagel w/ Mayo Beef Salami Bun w/ Mayo & Cold Cheetos & Nacho Chz Doritos Mustard Monday, November 11, 2024 Tuesday, November 12, 2024 Wednesday, November 13, 2024 Thursday, November 14, 2024 Friday, November 15, 2024 Fried Chicken Breakfast Corndog w/Syrup Italiano Rosy Pasta Bake Pizza Crunchers Sweet & Sour Chicken Hot Meal Dinner Roll & Margarine Pancake & Turkey Sausage on a stick Penne Rosa w/ Grilled Chicken Steamed White Rice w/Sov Sauce Assorted Salad Bar Week VI Mashed Potatoes & Gravy Dinner Roll & Margarine Fruited Yogurt Cup Assorted Salad Bar Daily Fruit Assorted Salad Bar Assorted Salad Bar Assorted Salad Bar Daily Fruit Daily Fruit Daily Fruit Daily Fruit Hot Veg Twisty Stuffed Breadsticks w/ Dip Veggie Garden Burger w/Ketchup French Pizza Bread Grilled Cheese Sandwich Vegetarian Stuffed Ravioli Wowbutter & Jelly Sandwich & Turkey & Cheese on a Bagel w/ Mayo Beef Salami Bun w/ Mayo & Grilled Chicken Club on Ciabatta & Cold Chicken Caesar Wrap & Chat-Snax French Toast Grahams & Ranch Crackers Mustard & Cheetos Strawberry Grahams Monday, November 18, 2024 Tuesday, November 19, 2024 Wednesday, November 20, 2024 Thursday, November 21, 2024 Friday, November 22, 2024 **Garlic Brushed Cheesy BBQ Cheddar Burger** Chicken Burrito Bowl **Brunch Lunch** Carved Turkey & Gravy French Bread Pizza Hot Meal Juicy, Seasoned Chicken served on Pickle Rounds French Toast Sticks & Syrup **Buttered Mashed Potatoes** Assorted Salad Bar Steamed White Rice Cool Ranch Doritos Assorted Salad Bar Sour Cream Assorted Salad Bar Daily Fruit Week I Assorted Salad Bar Daily Fruit Assorted Salad Bar Daily Fruit Daily Fruit Daily Fruit Hot Ves Vegetarian Croissant Sandwich Pizza Crunchers Cheese Hot Pocket w/ Dipping Sauce Cheesy Quesadilla Veggie & Cheese Lasagna Wowbutter & Jelly Sandwich Turkey & Cheese on a Bagel w/ Mayo Beef Salami Bun w/ Mayo & Chicken Caesar Wrap Grilled Chicken Club on Ciabata & & Cool Ranch Doritos & Wheat Crackers Mustard & Scooby Grahams & B'day Cake Grahams Wafers Monday, November 25, 2024 Tuesday, November 26, 2024 Wednesday, November 27, 2024 Thursday, November 28, 2024 Friday, November 29, 2024 **Orange Chicken** Beef Sloppy Joe Hot Meal Steamed White Rice w/ Soy Sauce Serve on Bun w/ Shred Cheese EARLY DISMISSAL NO SCHOOL NO SCHOOL Steamed Seasoned Corn Assorted Salad Bar NO LUNCH SERVED Week II Assorted Salad Bar Fortune Cookie Daily Fruit Daily Fruit Hot Veg Bean & Cheese Burrito Pizza Crunchers Wowbutter & Jelly Sandwich Turkey & Cheese on a Bagel w/ Mayo Cold & Mixed Berry Grahams & Nacho Cheese Doritos Grilled Chicken Caesar Salad Grilled Chicken Asian Salad **Grilled Chicken SW Taco Salad** Classic Chef Salad Quinoa Power Bowl Salad We just time-travelled and brought back Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn Chicken Breast served on a bed of Youza Sauce and Corn chips add a Asian Salad drizzled with Sesame Deli this timeless gem. It's simple. It's classic. Romaine, Spinach, Cucumbers, Southwest dimension to this salad of dressing and topped with Chow Mein and It's vintage. This Egg, Turkey, Tomatoes Salads Tomatoes, Peas & topped with Parmesan Romaine, LCR mix, Pinto bean and Corn. cooked Chicken Breast, WG Rolls added and Salad combo is sure to appeal eyes cheese & Caesar salad dressing, adding Chicken Breast completes the salad as a to complete the WG requirement. and taste buds. WG rolls fill the grain dinner rolls for grains. wholesome meal. and Spinach. *** Hot Veg and Cold meals are served with vegetables, fruit of the day & milk *** Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)

All rice dishes /rice products are made of whole grain brown rice.

This menu is 100% pork-free.