

Raider Review 9.29.2023

Crown of Life Lutheran School Justin W. Vilski, Principal
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SCLA Homecoming TONIGHT– Everyone is invited to the Crusader Homecoming football game at SCLA at 7:00 p.m. vs. Breck.
Kick, Pass & Spike winners in grades 5-8 from our school will compete during halftime. Activities for PreSchool-4th grade students will be available on the back field.

Wednesday, October 18 – Early Dismissal @11:30am

Thursday & Friday, October 19 & 20 – NO SCHOOL / MN District Teachers' Conf.

SCLA Children's Theatre Friday, October 13 - Our K-4 students will be attending a performance of *The 33 Little Pigs*. Students will ride the bus to and from St. Croix for this. Parent accounts will be billed \$2 admission per student the week following the play.

SCLA Children's Theatre Sat, Oct 14, 2:00 and 6:30pm. *The 33 Little Pigs* by Brian D. Taylor. Tickets on sale soon at StCroixLutheran.org/tickets

Field Trip Billing to Families – Field trip expenses to families will be billed to your account via PaySimple. The cost will be billed after the field trip, and families will receive an email with 3 days notice of when the amount will be withdrawn.

Preschool has started an Instagram account! Please follow us!



Education Sunday October 15 – All students Preschool – grade 8 will sing. Families will sign up for which service they would like to participate in – 8:00am or 10:30am @WSP, or 9:00am @EGN. Our worship services will also feature a special emphasis on Christian education.

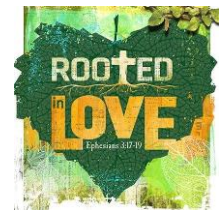
Lego Club will begin on October 10, and will be held the 2nd Tuesday of every month from 3:15 – 4:30pm. We will send out a SignUp Genius on the first Monday of each month, for parents to sign up by Tuesday noon. There will be 40 spots available each month. The cost will be \$4 per time attended, and will be billed to your account afterward.

Teacher and Staff email addresses can be found on the website under **Staff Directory** at the bottom of the homepage. Generally the formula is Firstname.lastname@colwsp.org.

Important Dates

Oct 10	Lego Club 3:15-4:30pm
Oct 13	K-4 to SCL Childrens' Theatre
Oct 15	Education Sunday – all students sing
Oct 18	Mornings with Me Early Dismissal @11:30am
Oct 19-20	No School – MN District Teachers' Conference
Oct 24	Picture Re-takes
Oct 27	End of Qtr 1

Rooted in Love



Good News



Classroom News

[Preschool Classroom](#)

[Kindergarten Classroom](#)

[1st Grade Classroom](#)

[2nd Grade Classroom](#)

[3rd Grade Classroom](#)

[4th Grade Classroom](#)

[5th Grade Classroom](#)

[6th – 8th Grade Departmentalized](#)

[Athletic News](#)

October menu – attached

[Lunch Signup Google Form Oct](#)

From the Principal's Office- 9/29/2023

This morning we did a Family Group activity with the students. The new/Kindergarten students all received their Prayer Pen Pal. This ministry pairs a member of COL church with a student in order to establish a pen pal relationship, in order to become acquainted with each other and also support each other in prayer.

This program was brand new to my family and me when we moved here. I was skeptical about it at first, but every week I see letters in our outgoing mailbox from our students with letters going out to their Prayer Pen Pals. I also see about 2-3 letters a day that Prayer Pen Pals have written and want delivered to their student partner at school. It is incredibly heartwarming to see this. It makes me even more overjoyed to think what a fantastic spiritual blessing this is to both participants!

What gives me even more pride as principal is how much help and fun I see the older students having as they work with younger students. I hear them asking questions and guiding their younger friends to draw pictures and answer some basic questions for their letters. I see friends and classmates spreading out and working with each other in a relaxed setting and enjoying time together.

Our Family Groups are important to help build the relationships that we want for our children. Prayer Pen Pals is a great program to help students experience gospel ministry by being a part of someone's spiritual life. What a special morning it was to witness these blessings!

A HUGE THANK YOU to Alison Footh and all of the volunteers from our Parent/Teacher Network (PTN) who were able to dedicate their time this morning to help with this fantastic event!

Here are some pictures of our Prayer Pen Pal writing today.





Menu Name : Priv Crown of Life Lutheran School Lunch Menu

Options Provided : Hot, Hot Vegetarian, Cold Meals & Deli Salads

Grade Level / Age Group : PreK-8 Grades

Meal Pattern : NSLP

Meal: Lunch

October - 2023

	Monday, October 2, 2023	Tuesday, October 3, 2023	Wednesday, October 4, 2023	Thursday, October 5, 2023	Friday, October 6, 2023	
Hot Meal	Old Fashioned Cheeseburger w/Tator Tots	Asian Chicken Dumplings	Beef Burrito Bowl	Mandarin Orange Chicken	Turkey Pepperoni Pizza Calzone	Week II
	Ketchup & Pickles	w/Momo Sauce	Seasoned Rice, Taco Meat	Steamed White Rice & Soy Sauce	Assorted Salad Bar	
	Assorted Salad Bar	Assorted Salad Bar	Shred Cheese & Youza Sauce	Assorted Salad Bar	Vanilla Wafers	
	Daily Fruit	Daily Fruit	Assorted Salad Bar	Daily Fruit	Daily Fruit	
Hot Veg	Bean & Cheese Burrito	Pizza Crunchers	Cheesy Pull Aparts	Grilled Cheese Sandwich	French Pizza Bread	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, October 9, 2023	Tuesday, October 10, 2023	Wednesday, October 11, 2023	Thursday, October 12, 2023	Friday, October 13, 2023	
Hot Meal	Chicken Tenders & Dip	CKC Sweet & Sour Meatballs	Smoky Texas Chicken Drumstick	Golden Corn Dog	Garlic Dusted French Bread Pizza	Week III
	French Fries & Ketchup	Steamed White Rice	Corn Muffin	Ketchup	Italian Dip	
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Cool Ranch Doritos	Assorted Salad Bar	
	Daily Fruit	Daily Fruit	Daily Fruit	Assorted Salad Bar	Daily Fruit	
Hot Veg	Veggie Hot Pocket & Sauce	Dipping Bites w/ Sauce	Veggie Quesadilla	Cheese Nachos	Cheesy Pull Aparts	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, October 16, 2023	Tuesday, October 17, 2023	Wednesday, October 18, 2023	Thursday, October 19, 2023	Friday, October 20, 2023	
Hot Meal	Chicken Patty Sandwich w/Cheese	Korean BBQ Meatballs				Week IV
	Bakery Bun & Ketchup	Steamed White Rice				
	Cheetos	Assorted Salad Bar	EARLY DISMISSAL	NO SCHOOL	NO SCHOOL	
	Assorted Salad Bar	Daily Fruit	NO LUNCH SERVED	TEACHERS' CONFERENCE	TEACHERS' CONFERENCE	
Hot Veg	Veggie Garden Burger & Mayo	Egg Fried Rice				
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun				

	Monday, October 23, 2023	Tuesday, October 24, 2023	Wednesday, October 25, 2023	Thursday, October 26, 2023	Friday, October 27, 2023	
Hot Meal	Crunchy Tender Fritter Wrap	Sweet & Sour Chicken	Walking Taco	Chicken Tikka Drumstick	SouthWest Chx Empanada Hot Pocket	Week V
	Flour Tortilla, Chicken Tenders	Steamed Seasoned White Rice	Nacho Cheese Doritos, Seasoned Beef	Tater Tots & Ketchup	Assorted Salad Bar	
	Shred Cheese, Boom Sauce	Assorted Salad Bar	Shredded Cheese & Crema	Assorted Salad Bar	Daily Fruit	
	Assorted Salad Bar	Daily Fruit	Assorted Salad Bar	Daily Fruit		
Hot Veg	Cheesy Pull Aparts	Veggie Hot Pocket & Dip	Bean Nachos	Egg Fried Rice	Buttermilk Pancakes w/ Syrup & Colbv Cheese Omelet	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

Hot Meal	Monday, October 30, 2023	Tuesday, October 31, 2023	Chef Spotlight	
	Premium Chicken Nuggets	Swedish Meatballs (Homemade Gravy)	Dave Kayoum – Director of Business Development Tuna & Peas on Buttered Saltines	
	Ketchup	Mashed Potatoes	<i>My wife and I literally grew up in the same neighborhood. I love that my wife always asks my mom how to make my favorite recipes. My children and I have loved the tradition of family recipes! I continue to make this simple favorite meal to this day. It is one of my favorites 'Go-to' meals and I think it will remain a family tradition for my children and theirs. I love the stories I have gotten to share with my kids when making a family traditional recipe. It's best to spend time with your kids reminiscing about fond best food memories while making and teaching them how to make something so simple and full of tradition. - Dave</i>	
	Cool Ranch Doritos	Assorted Salad Bar		
	Assorted Salad Bar	Daily Fruit		
	Daily Fruit			
Hot Veg	Grilled Cheese Sandwich	Veggie Quesadilla		
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Tuna & Peas on Buttered Saltines recipe is on Page 2	

Week VI

	Monday, October 30, 2023	Tuesday, October 31, 2023	Wednesday, October 31, 2023	Thursday, October 31, 2023	Friday, October 31, 2023	
(Vegetarian choices come with eggs & cheese in the place of meat)	Grilled Chicken Caesar Salad	Grilled Chicken Asian Salad	Grilled Chicken SW Taco Salad	Classic Chef Salad	Quinoa Power Bowl Salad	Deli Salads
	Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains.	Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement.	Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	We just time-travelled and brought back this timeless gem. It's simple. It's classic. It's vintage. This Egg, Turkey, Tomatoes and Salad combo is sure to appeal eyes and taste buds. WG rolls fill the grain part.	Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn, Egg and Spinach.	

*** Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

*** Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruit and milk)