

Name: January 2023 Crown of Life School Lunch Menu		Options Provided: Hot, Hot Vegetarian, Cold Meals			
Age Group: K-12		Meal: Lunch			
<b>Week V</b>	Monday, January 2, 2023	Tuesday, January 3, 2023	Wednesday, January 4, 2023	Thursday, January 5, 2023	Friday, January 6, 2023
	NO SCHOOL	Mozzarella Burger WG Bakery Bun & Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	Pomodoro Meatballs & Pasta Dinner Roll Assorted Salad Bar Fruit of the Day	Walking Taco Nacho Chz Chips, Seasoned Beef w/ Shredded Chz, Cilantro, Sour Cream & Cholula Hot Sauce Assorted Salad Bar Fruit of the Day	Wild Mikes Cheese Bites w/Marinara Assorted Salad Bar Fruit of the Day
		Veggie Lasagna Roll	Cheese Hot Pocket w/ Italian Dip	Veggie Nuggets w/ Ketchup & Dinner Roll	Cheese Quesadilla
		Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread
<b>Week VI</b>	Monday, January 9, 2023	Tuesday, January 10, 2023	Wednesday, January 11, 2023	Thursday, January 12, 2023	Friday, January 13, 2023
Hot Meal	Popcorn Chicken Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	Cheeseburger Fresh Bakery Bun & Ketchup Sun Chips Assorted Salad Bar Fruit of the Day	Golden Corn Dog w/ Ketchup French Fries & Ketchup Assorted Salad Bar Fruit of the Day	Build Your Own Cheesy Nachos Seasoned Beef w/ Tortilla Chips Warm Cheddar Chz Sauce, Jalapenos, Cilantro & Crema Assorted Salad Bar Fruit of the Day	Waffle Berries, Syrup & Whip Cream Assorted Salad Bar Fruit of the Day
Hot Veg	Pizza Crunchers & Italian Dip	Garden Cheeseburger	Veggie Nuggets w/ Ketchup	Warm Cheesy Nachos	Cheese Quesadilla
Cold	Turkey & Cheddar Chz Wrap w/Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread
<b>Week I</b>	Monday, January 16, 2023	Tuesday, January 17, 2023	Wednesday, January 18, 2023	Thursday, January 19, 2023	Friday, January 20, 2023
	NO SCHOOL MLK JR DAY	Chicken Alfredo Penne Dinner Roll Assorted Salad Bar Fruit of the Day	Mandarin Orange Chicken Seasoned White Rice & Soy Sauce Assorted Salad Bar Fruit of the Day Fortune Cookie	Build Your Own Burrito Wrap Seasoned Beef, Cilantro Rice Flour Tortilla, Sour Cream, Hot Sauce Corn Bean Salsa & Assorted Salad Bar Fruit of the Day	Pizza Crunchers & Marinara Assorted Salad Bar Fruit of the Day
		Smothered Garden Patty w/ WG Roll	Quesadilla	Creamy Mac & Cheese	Stuffed Breadsticks w/ Sauce
		Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread
<b>Week II</b>	Monday, January 23, 2023	Tuesday, January 24, 2023	Wednesday, January 25, 2023	Thursday, January 26, 2023	Friday, January 27, 2023
Hot Meal	Chicken Tinga Walking Taco Frito Corn Chips, Seasoned Chicken Cilantro, Crema, Corn & Black Bean Salsa Assorted Salad Bar Fruit of the Day	BBQ Joe Sandwich Cheetos Assorted Salad Bar Fruit of the Day	Brunch Lunch Buttermilk Pancakes, Berries, Syrup & Meararine Cheesy Breakfast Tots & Ketchup Assorted Salad Bar Fruit of the Day	Sweet & Sour Chicken Steamed White Rice & Soy Sauce Assorted Salad Bar Fruit of the Day	Grilled Cheese Sandwich Assorted Salad Bar Sun Chips Fruit of the Day
Hot Veg	Creamy Mac & Cheese & Elf Grahams	BBQ Garden Burger	Veggie Lasagna Roll	Buttermilk Pancakes & Syrup w/Scrambled Eggs	Egg Fried Rice
Cold	Turkey & Cheddar Chz Wrap w/Mayo & Elf Grahams	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread
<b>Week III</b>	Monday, January 30, 2023	Tuesday, January 31, 2023	Chef Spotlight - Shawn Mueller, Procurement Manager		
Hot Meal	Premium Chicken Nuggets Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	Beef Soft Shell Taco Flour Tortilla, Shred Lettuce & Cheese Crema Assorted Salad Bar Fruit of the Day	<p><b>Heart and Soul Warming Winter Food</b></p> <p>Growing up, this meal was made religiously in our home. Tater Tot hotdish is a simple, yet delicious meal. It is great right out of the oven, or when reheated before or after you go out skating on the pond or for any other fun winter activity.</p> <p>Warm up this winter with some Hotdish.</p> <p>--Shawn Mueller</p> <p>'Tater Tot Hotdish' recipe is on Page 2</p>		
Hot Veg	Cheese Hot Pocket w/ Italian Dip	Bean & Cheese Burrito			
Cold	Turkey & Cheddar Chz Wrap w/Mayo	Honey Mustard Grilled Chicken Bun			

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.