

Raider Review 11.4.2022



Crown of Life Lutheran School Justin W. Vilski, Principal
115 Crusader Ave. | West St. Paul MN 55118
651.451.3832 | www.colwsp.org | schooloffice@colwsp.org

- **Fall Back this weekend!** Daylight Savings Time ends on November 6, so turn your clocks **BACK** one hour on Saturday night.
- **Choristers sing this Sunday, 10:30am at WSP.** Please go to the Fellowship Hall by 10:15am to warm up.
- **Please continue to pray for Mr. Chris Arndt**, whom we called to teach 7th grade next year. He is currently teaching at St. Paul Lutheran School in Lake Mills WI.

Parent Teacher Conferences coming up on November 9 & 10

A SignUp Genius was sent out last week and will close on Monday, November 7. Click [here](#) to choose your appointment time.

Preschool Conferences will be held Wednesday, November 9 from 4-7pm, and Thursday, November 10 from 12:15-8pm.

K-8 Conferences will be held Thursday, November 10 from 12:15 - 8pm. We have an 11:30 Early Dismissal on this day. No bus, no lunch, no ASC. No School on Friday, November 11.

There is NO SCHOOL on Friday, November 11.

Veterans Day – All are invited to our special Veterans Day Chapel service at 8:00am on Thursday, November 10. Coffee and treats will be served to the veterans and their spouses afterward. If our students have family members that are currently serving or have served in the past, please send us a picture as well as their name and which student they are related to. This can include parents, uncles or aunts, grandparents or great-grandparents. Then we will put them together into a slideshow to watch at our chapel service on Nov. 10. Please email pictures to brett.fuhrmann@colwsp.org by Nov 4. Thank you.



Scholastic Book Fair
Nov 9: 4-7pm Nov 10: 8am-8pm
Nov 13: 7:30am-12:30pm

Book Fair Options: In Person Shopping, Book Fair eWallet, Online Book Fair

Mark Your Calendars! All of the items ordered from our Club's Choice fundraiser that are being shipped to school will be delivered on **Tuesday, December 6**. We will distribute these items during the carline at the end of the school day. Due to limited space in our freezers, we are unable to hold items past that day. Please make arrangements to have all items picked up. If you have any questions, please email Alison Footh (alisonfooth@gmail.com). Thank you for supporting our Club's Choice fundraiser!

Insurance Info for Field Trip Driving - If you believe there is any possibility that you might drive for a field trip this school year, we will need to have your insurance information on file in the office.

We will need a copy of your drivers license and a copy of your car insurance information.

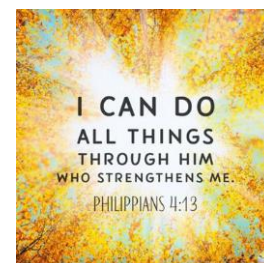
Important Dates

Nov 6	Choristers sing 10:30 WSP
Nov 7-8	No Bus Service
Nov 9	Mornings with Me 8:00am Preschool Conf. 4-7pm Book Fair 4-7pm
Nov 10	Book Fair 8am-8pm Veterans Day Chapel Early Dismissal 11:30am Parent Teacher Conf 12:15-8pm
Nov 11	No School
Nov 13	Book Fair
Nov 16	PTN Mtg @Fooths 6pm

Our Plans, His Promise



Good News



Classroom News

[Preschool Classroom](#)

[Kindergarten Classroom](#)

[1st Grade Classroom](#)

[2nd Grade Classroom](#)

[3rd Grade Classroom](#)

[4th Grade Classroom](#)

[5th Grade Classroom](#)

[6th – 8th Grade Departmentalized](#)

[Athletic News](#)

Nov menu – attached

[Lunch Sign up Google Form – Nov.](#)

Name: November 2022 Crown of Life School Lunch Menu		Options Provided: Hot, Hot Vegetarian, Cold Meals			
Age Group: K-12		Meal: Lunch			

Week II	Tuesday, November 1, 2022	Wednesday, November 2, 2022	Thursday, November 3, 2022	Friday, November 4, 2022
Hot Meal	Chicken Tinga Walking Taco Frito Corn Chips, Seasoned Chicken Cilantro, Crema, Corn & Black Bean Salsa Assorted Salad Bar Fruit of the Day	Brunch Lunch Buttermilk Pancakes, Berries, Syrup & Margarine Cheesy Breakfast Tots & Ketchup Assorted Salad Bar Fruit of the Day	Sweet & Sour Chicken Steamed White Rice & Soy Sauce Assorted Salad Bar Fruit of the Day	Grilled Cheese Sandwich Assorted Salad Bar Sun Chips Fruit of the Day
Hot Veg	Creamy Mac & Cheese & Elf Grahams	Veggie Lasagna Roll	Buttermilk Pancakes & Syrup w/Scrambled Eggs	Egg Fried Rice
Cold	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week III	Monday, November 7, 2022	Tuesday, November 8, 2022	Wednesday, November 9, 2022	Thursday, November 10, 2022	Friday, November 11, 2022
Hot Meal	Premium Chicken Nuggets Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	Beef Soft Shell Taco Flour Tortilla, Shred Lettuce & Cheese Crema Assorted Salad Bar Fruit of the Day	Baked Cheesy Lasagna w/Red Sauce Dinner Roll Assorted Salad Bar Fruit of the Day	EARLY DISMISSAL NO LUNCH SERVED	NO SCHOOL
Hot Veg	Cheese Hot Pocket w/ Italian Dip	Bean & Cheese Burrito	Grilled Cheese Sandwich		
Cold	Turkey & Cheddar Chz Wrap w/Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo		

Week IV	Monday, November 14, 2022	Tuesday, November 15, 2022	Wednesday, November 16, 2022	Thursday, November 17, 2022	Friday, November 18, 2022
Hot Meal	Sheet Pan Chicken w/Veggies Dinner Roll Assorted Salad Bar Fruit of the Day	Brunch Lunch French Toast Sticks, Berries & Syrup Assorted Salad Bar Fruit of the Day	Spaghetti & Sauce Garlic Roll Assorted Salad Bar Fruit of the Day	Breaded Chicken Sandwich French Fries w/Ketchup Assorted Salad Bar Fruit of the Day	Creamy Homemade Mac & Cheese Dinner Roll Assorted Salad Bar Fruit of the Day Elf Grahams
Hot Veg	Garden Cheeseburger	Cheese Quesadilla	Pizza Crunchers w/ Sauce	French Toast Sticks & Syrup	Grilled Cheese Sandwich
Cold	Turkey & Cheddar Chz Wrap w/Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week V	Monday, November 21, 2022	Tuesday, November 22, 2022	Wednesday, November 23, 2022	Thursday, November 24, 2022	Friday, November 25, 2022
Hot Meal	Chicken Fritter w/ Ranch French Fries w/Ketchup Assorted Salad Bar Fruit of the Day	Mozzarella Burger WG Bakery Bun & Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	EARLY DISMISSAL NO LUNCH SERVED	HAPPY THANKSGIVING! NO SCHOOL	NO SCHOOL
Hot Veg	Mozzarella Veggie Burger	Veggie Lasagna Roll			
Cold	Turkey & Cheddar Chz Wrap w/Mayo	Honey Mustard Grilled Chicken Bun			

Week VI	Monday, November 28, 2022	Tuesday, November 29, 2022	Wednesday, November 30, 2022	Chef Spotlight - Jason Wilson, Field Kitchen Supervisor, CKC Good Food	
Hot Meal	Popcorn Chicken Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	Cheeseburger Fresh Bakery Bun & Ketchup Sun Chips Assorted Salad Bar Fruit of the Day	Golden Corn Dog w/ Ketchup French Fries & Ketchup Assorted Salad Bar Fruit of the Day	Connecting to Roots through Food The 'Shoofly Pie' recipe is a favorite in my family. We have longstanding roots in Pennsylvania and this dish is often associated with the Pennsylvania Dutch Amish and Mennonite Communities. There are two styles to this treat: 'Dry' which has a cake-like texture, and 'wet', which has a custard-like bottom. My family always preferred the dry method but as I've learned to make it myself, I prefer the 'wet' pie. It's great for breakfast or dessert and is shelf-stable on the countertop for 5 days (while keeping covered.) - Jason	
Hot Veg	Pizza Crunchers & Italian Dip	Garden Cheeseburger	Veggie Nuggets w/ Ketchup		
Cold	Turkey & Cheddar Chz Wrap w/Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Jason's 'Shoofly Pie Recipe' is on Page 2	

*** Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.