

# Raider Review 9.23.2022

Crown of Life Lutheran School

Justin W. Vilski, Principal

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- All school singing in church on Sunday, Sept 25
- NWEA MAP Testing Sept 26-30

**All School Singing this Sunday** – Students should arrive no later than 15 minutes before the start of the service you selected. At WSP, they should meet in the Fellowship Hall; at Eagan, meet in the meeting room. Students will sing at the beginning of each service, then go to sit with their families.

**NWEA MAP Testing next week for grades 1-8** – Please make sure your child is well rested and eats a nutritious breakfast so that they are able to do their best.

**AD News** – Please see the weekly update from our Athletic Director, Mr. Matthies, posted under the **Classroom News** on the sidebar of this newsletter.

**October lunch menu and Google form** – The lunch menu and Google sign up form for October are included with this week's newsletter. **Please note that the entire month of October is included in the form; Monday, October 31 is included with the prior week.**

**New Date - Parent Teacher Network (PTN)** will kick off on Thursday, Oct 6 at 6:00 pm at Alison Footh's home (1310 121st Street West, Rosemount). Please join us for a brief social and meeting. If you have any questions, please email Alison Footh at [alisonfooth@gmail.com](mailto:alisonfooth@gmail.com). We look forward to seeing you!

**NEW! Communication with School** – Email the **office and your child's teacher** if your child will be absent, arrive late, leave early etc. This ensures that everyone has the correct information. Thank you.

**Insurance Info for Field Trip Driving** - If you believe there is any possibility that you might drive for a field trip this school year, we will need to have your insurance information on file in the office.

**We will need a copy of your drivers license and a copy of your car insurance information.**

This can be done one of three ways -

1. Email your copies to [schooloffice@colwsp.org](mailto:schooloffice@colwsp.org).
2. Send paper copies to the office.
3. Bring your items into the office and April will photocopy them for you.

**Sign In Sheet in office** – All volunteers and visitors must stop in the office to sign in. You will also need to come in to sign your child out when they are leaving early for the day. **Grades K-2 leaving early – Parents come in to sign your child out and then proceed to the classroom to pick them up.**

**Pastor Burgess** has returned his call. We are thankful that he will continue to serve here at Crown of Life!

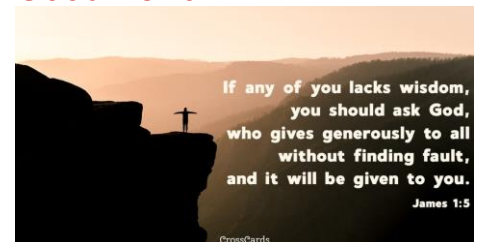
## Important Dates

Sept 25	Preschool-8 sing 8 or 10:30am WSP 9:00am EGN
Sept 26-30	NWEA MAP testing
Sept 30	Bus Evac Drill 9:00am
Oct 3	No Bus Service
Oct 6	PTN Mtg @ Fooths 6pm

## Our Plans, His Promise



## Good News



## Classroom News

[Preschool Classroom](#)

[Kindergarten Classroom](#)

[1st Grade Classroom](#)

[2nd Grade Classroom](#)

[3rd Grade Classroom](#)

[4th Grade Classroom](#)

[5th Grade Classroom](#)

[6th – 8th Grade Departmentalized](#)

[Athletic News](#)

[Oct menu - attached](#)

[Lunch Sign up Google Form – Oct.](#)

**Veterans' Day Collection** - We are collecting items to make care packages to send overseas to our service men and women. We are asking students and families to choose an item(s) from the list below, purchase it, and bring the item to school. On October 7, our Family Groups will stuff the packages and prepare them to send overseas. Items can be brought starting Monday, Sept 26. We are also accepting monetary donations for packaging and postage.

**Food (Nothing that melts)**

Gum  
Mints  
Hard candy (Life Savers, Jolly Ranchers, etc.)  
Propel packets  
Little bags of chips  
Bags of coffee  
Microwave popcorn  
Ramen noodles  
Slim Jims or Jack Links  
Nut packets  
Granola bars (not chocolate covered)

**Personal Care Items (Travel-size)**

Toiletries- toothpaste, soap  
Washcloths  
Travel size tissues  
Face wipes  
Pocket-sized Notebooks  
Pens  
Crossword Puzzle/ Sudoku Books  
Travel-size Advil or Tylenol  
Flossers

**From the Principal's Office- 9/23/2022**

You can sense it. You can see it. You can feel it.

Whether you like it or not, the seasons are changing. It's gotten cooler out. Trees are beginning to change colors. Suddenly the smell of Pumpkin Spice is wafting from Starbucks on Robert St.

Fall is upon us. That struck me even harder as I realized that we are ONE MONTH into our new school year. We are 12.35% done with school days this year (can you tell I still teach Math?)

For many of us we have gotten back into the "normal" of the school year. For others, we are still navigating our schedules. The construction, sports, homework, pictures, days off, chapel services, field trips, etc. will not stop. In fact, it may get CRAZIER!

Still- the Lord has placed the next 87.65% (or 149 days) of school before us. How will we serve our Savior? Family? Church? School? Each other?

Time doesn't stop! It's almost October. Christmas music will start playing on radios within 7 weeks!!! I pray that even in the crazy, you are finding ways to praise and serve our Lord. We remind the students that, "...Whatever you do, do it all for the glory of God." As opportunities to serve present themselves to you, see them as the amazing opportunities that they are because they are from our God.

<b>Name : October 2022 Crown of Life School Lunch Menu</b>			<b>Options Provided : Hot, Hot Vegetarian, Cold Meals</b>		
<b>Age Group:K-12</b>			<b>Meal: Lunch</b>		

Week IV	Monday, October 3, 2022	Tuesday, October 4, 2022	Wednesday, October 5, 2022	Thursday, October 6, 2022	Friday, October 7, 2022
Hot Meal	<b>Sheet Pan Chicken w/Veggies</b> Dinner Roll Assorted Salad Bar Fruit of the Day	<b>Brunch Lunch</b> French Toast Sticks, Berries & Syrup Assorted Salad Bar Fruit of the Day	<b>Spaghetti w/ Sauce</b> Garlic Roll Assorted Salad Bar Fruit of the Day	<b>Crispy Chicken Patty Sandwich</b> Bakery Bun & Mayo French Fries & Ketchup Assorted Salad Bar Fruit of the Day	<b>Creamy Homemade Mac &amp; Cheese</b> Assorted Salad Bar Fruit of the Day Elf Grahams
Hot Veg	<b>Garden Cheeseburger</b>	<b>Cheese Quesadilla</b>	<b>Pizza Crunchers w/ Sauce</b>	<b>French Toast Sticks &amp; Syrup</b>	<b>Grilled Cheese Sandwich</b>
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week V	Monday, October 10, 2022	Tuesday, October 11, 2022	Wednesday, October 12, 2022	Thursday, October 13, 2022	Friday, October 14, 2022
Hot Meal	<b>Mozzarella Burger</b> WG Bakery Bun & Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	<b>Sesame Chicken</b> Steamed White Rice Assorted Salad Bar Fruit of the Day	<b>Chicken Tenders</b> Ketchup Sun Chips Assorted Salad Bar Fruit of the Day	<b>Walking Taco</b> Nacho Chz Chips, Seasoned Beef w/ Shredded Chz, Cilantro Assorted Salad Bar Fruit of the Day	<b>Pomodoro Meatballs &amp; Pasta</b> Garlic Roll Assorted Salad Bar Fruit of the Day
Hot Veg	<b>Mozzarella Veggie Burger</b>	<b>Veggie Lasagna Roll</b>	<b>Cheese Hot Pocket w/ Italian Dip</b>	<b>Veggie Nuggets w/ Ketchup &amp; Dinner Roll</b>	<b>Cheese Quesadilla</b>
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week VI	Monday, October 17, 2022	Tuesday, October 18, 2022	Wednesday, October 19, 2022	Thursday, October 20, 2022	Friday, October 21, 2022
Hot Meal	<b>Golden Corn Dog w/ Ketchup</b> Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	<b>Cheeseburger</b> Fresh Bakery Bun & Ketchup Sun Chips Assorted Salad Bar Fruit of the Day	<b>EARLY DISMISSAL 11:30AM</b> <b>NO LUNCH SERVED</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
Hot Veg	<b>Pizza Crunchers &amp; Italian Dip</b>	<b>Garden Cheeseburger</b>			
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun			

Week I	Monday, October 24, 2022	Tuesday, October 25, 2022	Wednesday, October 26, 2022	Thursday, October 27, 2022	Friday, October 28, 2022
Hot Meal	<b>All Beef Hot Dog</b> WG Bun, Ketchup & Mustard Assorted Salad Bar Fruit of the Day	<b>Chicken Alfredo Penne</b> Soft Dinner Roll Assorted Salad Bar Fruit of the Day	<b>Mandarin Orange Chicken</b> Seasoned White Rice Assorted Salad Bar Fruit of the Day	<b>Build Your Own Burrito Wrap</b> Tortilla, Taco Meat, Lime Cilantro Rice Sour Cream Assorted Salad Bar Fruit of the Day	<b>Pizza Crunchers &amp; Marinara</b> Assorted Salad Bar Fruit of the Day
Hot Veg	<b>Grilled Cheese Sandwich</b>	<b>Smothered Garden Patty w/ WG Roll</b>	<b>Quesadilla</b>	<b>Creamy Mac &amp; Cheese</b>	<b>Stuffed Breadsticks w/ Sauce</b>
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week II	Monday, October 31, 2022	Chef Spotlight - Nora Martinez (Food Service Manager, CKC)			
Hot Meal	<b>"New" BBQ Joe Sandwich</b> Cheetos Assorted Salad Bar Fruit of the Day	<b>An easy and tasty recipe for Thanksgiving, or even a barbeque night</b>			
Hot Veg	<b>BBQ Garden Burger</b>	"I love cooking for family and friends. Cooking this recipe together as a team with my children for Thanksgiving brings me memories of when I was younger and helped my mother to prepare this special dish. Now that I grew up, I enjoy cooking special meals that my mother used to prepare for our family. Loaded potatoes was a favorite dish on our plate for Thanksgiving and we enjoy every bite of it with special memories.  - Nora"			
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Chef Nora's recipe for 'Loaded Potatoes' is on Page 2			

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.