

# Raider Review 10.14.2022



Crown of Life Lutheran School      Justin W. Vilski, Principal  
115 Crusader Ave. | West St. Paul MN 55118  
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- **Grades K-2 sing in church on Sunday, 8:00am WSP**  
*Students should meet in the Fellowship Hall at 7:45am to warm up.*

**S'More Fun TONIGHT, 5-8pm** at the Eagan Campus (4150 Pilot Knob Rd). Campfire, movie, hotdogs and s'mores. Join us for this fun, free, family event!

**SCLA Homecoming** - Owen Schmeling won the Boys 7-8 division at last Friday's Kick, Pass & Spike competition. Congrats to Owen!

**Club's Choice Fundraiser 10/13 - 10/27** - Thank you for your willingness to participate in our new fundraiser this fall. I hope you've had the opportunity to review the instructional letter, flip through the pages of the sales magazines a bit, and start circling items. This fundraiser allows you to involve friends and family that are local and live out of the area. Please remember that any items ordered from the frozen foods magazine will be delivered on **Tuesday, December 6** at COL. Crown of Life receives 40% of the profit from this sale. Please contact Alison Footh ([alisonfooth@gmail.com](mailto:alisonfooth@gmail.com)) with any questions.

**Lego Club starts Tuesday, October 18** - Lego Club is open to all students in K-8, and meets from 3:15-4:15pm in the Fellowship Hall, on the first Tuesday of each month (beginning in November). Kindergarten students must have a parent or older sibling with them. The cost is \$20 per student per year and will be charged to your account via PaySimple. The supervisors are Jacob and Corey Bejblik, COL members. Please see the email from Mr. Vilski on October 12 for complete information.

## Trunk or Treat | October 29, 5-7pm | West St. Paul campus

Come join us at Crown of Life for our safe, fun Trunk or Treat event! You will get candy at decorated trunks outside, then warm up inside with a hot dog meal, bounce house, games, and more! The more the merrier - please invite family and friends!

Would you like to decorate a trunk, help supervise a game, or be part of the clean-up crew? [See where you can help and sign up here.](#) Contact Veronica Vilski with questions or for more information, [veronica.vilski@gmail.com](mailto:veronica.vilski@gmail.com), 385-212-9389

**Veterans Day** - Parents, thanks for making the armed forces care packages a success. The next phase of our Veterans Day plan involves making a personal connection to our students. We want to share the connection that exists between our students and members of the armed forces. If our students have family members that are currently serving or have served in the past, please send us a picture as well as their name and which student they are related to. This can include parents, uncles or aunts, grandparents or great-grandparents. Then we will put them together into a slideshow to watch at our chapel service on Nov. 10. Please email pictures to [brett.fuhrmann@colwsp.org](mailto:brett.fuhrmann@colwsp.org) by Nov 4. Thank you.

## Important Dates

Oct 14	S'More Fun 5-8pm EGN
Oct 16	Gr. K-2 sing 8:00am WSP
Oct 18	Lego Club
Oct 19	Early Dismissal 11:30am CC Meet 1pm
Oct 20-21	No School - MN District Teachers' Conf.
Oct 25	Picture Re-takes 8:00am
Oct 28	End of Qtr 1
Oct 29	Public Speaking Festival
Oct 29	Trunk or Treat 5-7pm

## Our Plans, His Promise



## Good News



## Classroom News

- [Preschool Classroom](#)
- [Kindergarten Classroom](#)
- [1st Grade Classroom](#)
- [2nd Grade Classroom](#)
- [3rd Grade Classroom](#)
- [4th Grade Classroom](#)
- [5th Grade Classroom](#)
- [6th - 8th Grade Departmentalized](#)
- [Athletic News](#)
- Nov menu - attached
- [Lunch Sign up Google Form - Nov.](#)
- Oct menu - attached
- [Lunch Sign up Google Form - Oct.](#)

**Insurance Info for Field Trip Driving** - If you believe there is any possibility that you might drive for a field trip this school year, we will need to have your insurance information on file in the office.

**We will need a copy of your drivers license and a copy of your car insurance information.**

This can be done one of three ways -

1. Email your copies to [schooloffice@colwsp.org](mailto:schooloffice@colwsp.org).
2. Send paper copies to the office.
3. Bring your items into the office and April will photocopy them for you.

**October and November lunch menu and Google form** – The lunch menus and Google sign up forms for October and November are included with this week's newsletter. **Please note that the entire month of October is included in the form; Monday, October 31 is included with the prior week. We strongly encourage parents to sign up for the entire month at one time.**

### **From the Principal's Office- 10/14/2022**

We were recently visited by our MNSAA accreditation onsite visit team. They spent 2 ½ days looking over documentation, visiting classrooms, and speaking with teachers, students, and families. Although we won't know official results for a few weeks, I would like to share a few statements that the leader of the team relayed to me.

He said that he has never observed a school with a friendlier and loving overall atmosphere than at Crown of Life. He said that up and down the lines, everyone spoke well about the building, the teachers, and each other. He was floored that the overall mission of the school is embodied into all of the families and staff. He said that the mission "just flows out of everything everyone does."

He also could not say enough good about the teachers at Crown of Life. He said that the amount of work that they put into a day is amazing. He could not believe that our teachers teach all subjects, teach all day, and also perform additional duties such as coaching sports.

We are blessed at Crown of Life. Are there things we can improve on? Absolutely! Still, what a wonderful reminder for my ears- and I hope it is for yours- just how amazing our students, families, and teachers are. We can be proud of Crown! We can give thanks to the Lord for how much he has blessed Crown!

From the bottom of my heart- Thank you to all of you! Thank you to our Lord for blessing us so richly!

<b>Name : October 2022 Crown of Life School Lunch Menu</b>			<b>Options Provided : Hot, Hot Vegetarian, Cold Meals</b>		
<b>Age Group:K-12</b>			<b>Meal: Lunch</b>		

Week IV	Monday, October 3, 2022	Tuesday, October 4, 2022	Wednesday, October 5, 2022	Thursday, October 6, 2022	Friday, October 7, 2022
Hot Meal	<b>Sheet Pan Chicken w/Veggies</b> Dinner Roll Assorted Salad Bar Fruit of the Day	<b>Brunch Lunch</b> French Toast Sticks, Berries & Syrup Assorted Salad Bar Fruit of the Day	<b>Spaghetti w/ Sauce</b> Garlic Roll Assorted Salad Bar Fruit of the Day	<b>Crispy Chicken Patty Sandwich</b> Bakery Bun & Mayo French Fries & Ketchup Assorted Salad Bar Fruit of the Day	<b>Creamy Homemade Mac &amp; Cheese</b> Assorted Salad Bar Fruit of the Day Elf Grahams
Hot Veg	<b>Garden Cheeseburger</b>	<b>Cheese Quesadilla</b>	<b>Pizza Crunchers w/ Sauce</b>	<b>French Toast Sticks &amp; Syrup</b>	<b>Grilled Cheese Sandwich</b>
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week V	Monday, October 10, 2022	Tuesday, October 11, 2022	Wednesday, October 12, 2022	Thursday, October 13, 2022	Friday, October 14, 2022
Hot Meal	<b>Mozzarella Burger</b> WG Bakery Bun & Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	<b>Sesame Chicken</b> Steamed White Rice Assorted Salad Bar Fruit of the Day	<b>Chicken Tenders</b> Ketchup Sun Chips Assorted Salad Bar Fruit of the Day	<b>Walking Taco</b> Nacho Chz Chips, Seasoned Beef w/ Shredded Chz, Cilantro Assorted Salad Bar Fruit of the Day	<b>Pomodoro Meatballs &amp; Pasta</b> Garlic Roll Assorted Salad Bar Fruit of the Day
Hot Veg	<b>Mozzarella Veggie Burger</b>	<b>Veggie Lasagna Roll</b>	<b>Cheese Hot Pocket w/ Italian Dip</b>	<b>Veggie Nuggets w/ Ketchup &amp; Dinner Roll</b>	<b>Cheese Quesadilla</b>
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week VI	Monday, October 17, 2022	Tuesday, October 18, 2022	Wednesday, October 19, 2022	Thursday, October 20, 2022	Friday, October 21, 2022
Hot Meal	<b>Golden Corn Dog w/ Ketchup</b> Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	<b>Cheeseburger</b> Fresh Bakery Bun & Ketchup Sun Chips Assorted Salad Bar Fruit of the Day	<b>EARLY DISMISSAL 11:30AM</b> <b>NO LUNCH SERVED</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
Hot Veg	<b>Pizza Crunchers &amp; Italian Dip</b>	<b>Garden Cheeseburger</b>			
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun			

Week I	Monday, October 24, 2022	Tuesday, October 25, 2022	Wednesday, October 26, 2022	Thursday, October 27, 2022	Friday, October 28, 2022
Hot Meal	<b>All Beef Hot Dog</b> WG Bun, Ketchup & Mustard Assorted Salad Bar Fruit of the Day	<b>Chicken Alfredo Penne</b> Soft Dinner Roll Assorted Salad Bar Fruit of the Day	<b>Mandarin Orange Chicken</b> Seasoned White Rice Assorted Salad Bar Fruit of the Day	<b>Build Your Own Burrito Wrap</b> Tortilla, Taco Meat, Lime Cilantro Rice Sour Cream Assorted Salad Bar Fruit of the Day	<b>Pizza Crunchers &amp; Marinara</b> Assorted Salad Bar Fruit of the Day
Hot Veg	<b>Grilled Cheese Sandwich</b>	<b>Smothered Garden Patty w/ WG Roll</b>	<b>Quesadilla</b>	<b>Creamy Mac &amp; Cheese</b>	<b>Stuffed Breadsticks w/ Sauce</b>
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week II	Monday, October 31, 2022	Chef Spotlight - Nora Martinez (Food Service Manager, CKC)			
Hot Meal	<b>"New" BBQ Joe Sandwich</b> Cheetos Assorted Salad Bar Fruit of the Day	<b>An easy and tasty recipe for Thanksgiving, or even a barbeque night</b>			
Hot Veg	<b>BBQ Garden Burger</b>	"I love cooking for family and friends. Cooking this recipe together as a team with my children for Thanksgiving brings me memories of when I was younger and helped my mother to prepare this special dish. Now that I grew up, I enjoy cooking special meals that my mother used to prepare for our family. Loaded potatoes was a favorite dish on our plate for Thanksgiving and we enjoy every bite of it with special memories.  - Nora"			
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Chef Nora's recipe for 'Loaded Potatoes' is on Page 2			

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

<b>Name: November 2022 Crown of Life School Lunch Menu</b>		<b>Options Provided: Hot, Hot Vegetarian, Cold Meals</b>			
<b>Age Group: K-12</b>		<b>Meal: Lunch</b>			

Week II	Tuesday, November 1, 2022	Wednesday, November 2, 2022	Thursday, November 3, 2022	Friday, November 4, 2022
Hot Meal	<b>Chicken Tinga Walking Taco</b> Frito Corn Chips, Seasoned Chicken Cilantro, Crema, Corn & Black Bean Salsa Assorted Salad Bar Fruit of the Day	<b>Brunch Lunch</b> Buttermilk Pancakes, Berries, Syrup & Margarine Cheesy Breakfast Tots & Ketchup Assorted Salad Bar Fruit of the Day	<b>Sweet &amp; Sour Chicken</b> Steamed White Rice & Soy Sauce Assorted Salad Bar Fruit of the Day	<b>Grilled Cheese Sandwich</b> Assorted Salad Bar Sun Chips Fruit of the Day
Hot Veg	<b>Creamy Mac &amp; Cheese &amp; Elf Grahams</b>	<b>Veggie Lasagna Roll</b>	<b>Buttermilk Pancakes &amp; Syrup w/Scrambled Eggs</b>	<b>Egg Fried Rice</b>
Cold	<b>Honey Mustard Grilled Chicken Bun</b>	<b>Turkey on Ciabatta Roll w/Mayo</b>	<b>Grilled Chicken &amp; Cheese Bun</b>	<b>Ham &amp; Proulone on WW Bread</b>

Week III	Monday, November 7, 2022	Tuesday, November 8, 2022	Wednesday, November 9, 2022	Thursday, November 10, 2022	Friday, November 11, 2022
Hot Meal	<b>Premium Chicken Nuggets</b> Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	<b>Beef Soft Shell Taco</b> Flour Tortilla, Shred Lettuce & Cheese Crema Assorted Salad Bar Fruit of the Day	<b>Baked Cheesy Lasagna w/Red Sauce</b> Dinner Roll Assorted Salad Bar Fruit of the Day	<b>EARLY DISMISSAL</b> <b>NO LUNCH SERVED</b>	<b>NO SCHOOL</b>
Hot Veg	<b>Cheese Hot Pocket w/ Italian Dip</b>	<b>Bean &amp; Cheese Burrito</b>	<b>Grilled Cheese Sandwich</b>		
Cold	<b>Turkey &amp; Cheddar Chz Wrap w/Mayo</b>	<b>Honey Mustard Grilled Chicken Bun</b>	<b>Turkey on Ciabatta Roll w/Mayo</b>		

Week IV	Monday, November 14, 2022	Tuesday, November 15, 2022	Wednesday, November 16, 2022	Thursday, November 17, 2022	Friday, November 18, 2022
Hot Meal	<b>Sheet Pan Chicken w/Veggies</b> Dinner Roll Assorted Salad Bar Fruit of the Day	<b>Brunch Lunch</b> French Toast Sticks, Berries & Syrup Assorted Salad Bar Fruit of the Day	<b>Spaghetti &amp; Sauce</b> Garlic Roll Assorted Salad Bar Fruit of the Day	<b>Breaded Chicken Sandwich</b> French Fries w/Ketchup Assorted Salad Bar Fruit of the Day	<b>Creamy Homemade Mac &amp; Cheese</b> Dinner Roll Assorted Salad Bar Fruit of the Day Elf Grahams
Hot Veg	<b>Garden Cheeseburger</b>	<b>Cheese Quesadilla</b>	<b>Pizza Crunchers w/ Sauce</b>	<b>French Toast Sticks &amp; Syrup</b>	<b>Grilled Cheese Sandwich</b>
Cold	<b>Turkey &amp; Cheddar Chz Wrap w/Mayo</b>	<b>Honey Mustard Grilled Chicken Bun</b>	<b>Turkey on Ciabatta Roll w/Mayo</b>	<b>Grilled Chicken &amp; Cheese Bun</b>	<b>Ham &amp; Proulone on WW Bread</b>

Week V	Monday, November 21, 2022	Tuesday, November 22, 2022	Wednesday, November 23, 2022	Thursday, November 24, 2022	Friday, November 25, 2022
Hot Meal	<b>Chicken Fritter w/ Ranch</b> French Fries w/Ketchup Assorted Salad Bar Fruit of the Day	<b>Mozzarella Burger</b> WG Bakery Bun & Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	<b>EARLY DISMISSAL</b> <b>NO LUNCH SERVED</b>	<b>HAPPY THANKSGIVING!</b> <b>NO SCHOOL</b>	<b>NO SCHOOL</b>
Hot Veg	<b>Mozzarella Veggie Burger</b>	<b>Veggie Lasagna Roll</b>			
Cold	<b>Turkey &amp; Cheddar Chz Wrap w/Mayo</b>	<b>Honey Mustard Grilled Chicken Bun</b>			

Week VI	Monday, November 28, 2022	Tuesday, November 29, 2022	Wednesday, November 30, 2022	Chef Spotlight - Jason Wilson, Field Kitchen Supervisor, CKC Good Food	
Hot Meal	<b>Popcorn Chicken</b> Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	<b>Cheeseburger</b> Fresh Bakery Bun & Ketchup Sun Chips Assorted Salad Bar Fruit of the Day	<b>Golden Corn Dog w/ Ketchup</b> French Fries & Ketchup Assorted Salad Bar Fruit of the Day	<b>Connecting to Roots through Food</b>  The 'Shoofly Pie' recipe is a favorite in my family. We have longstanding roots in Pennsylvania and this dish is often associated with the Pennsylvania Dutch Amish and Mennonite Communities. There are two styles to this treat: 'Dry' which has a cake-like texture, and 'wet', which has a custard-like bottom. My family always preferred the dry method but as I've learned to make it myself, I prefer the 'wet' pie. It's great for breakfast or dessert and is shelf-stable on the countertop for 5 days (while keeping covered.) - Jason	
Hot Veg	<b>Pizza Crunchers &amp; Italian Dip</b>	<b>Garden Cheeseburger</b>	<b>Veggie Nuggets w/ Ketchup</b>		
Cold	<b>Turkey &amp; Cheddar Chz Wrap w/Mayo</b>	<b>Honey Mustard Grilled Chicken Bun</b>	<b>Turkey on Ciabatta Roll w/Mayo</b>	<b>Jason's 'Shoofly Pie Recipe' is on Page 2</b>	

\*\*\* Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

## **Riverview Cemetery Superintendent**

Riverview Cemetery is looking to hire a cemetery superintendent. Job duties are somewhat flexible based on interest, skills and experience and include:

- Oversight for cemetery grounds and facilities
- Office duties including fielding and interfacing with customer inquiries; sales and record keeping of burial lots/niches, markers, urns, vases and vaults
- Supervision of grounds crew (grounds crew duties include):
  - Interments and inurnments
  - Cutting and trimming of grass, trees, plantings, placement of markers/monuments
  - Equipment maintenance
  - Snow removal
  - Onsite representation of the Riverview Cemetery Board
- Office hours are 8a to 1p Monday thru Friday – onsite fulfillment of duties is preferred, but hours and onsite requirements are flexible
- Salary commensurate with experience and agreed-upon responsibilities. Paid vacation and holidays provided
- If interested or for more details contact Crown of Life Church secretary Nancy Monson at [churchoffice@colwsp.org](mailto:churchoffice@colwsp.org) or at 651-451-3832 during normal business hours