

Raider Review 9.9.2022

Crown of Life Lutheran School Justin W. Vilski, Principal
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- School Pictures Sept 20 (Sept 21 for alternate Preschool class)
- NWEA MAP Testing Sept 26-30

Insurance Info for Field Trip Driving - We will soon begin having classroom field trips. If you believe there is any possibility that you might drive for a field trip this school year, we will need to have your insurance information on file in the office.

We will need a copy of your drivers license and a copy of your car insurance information.

This can be done one of three ways -

1. Email your copies to schooloffice@colwsp.org.
2. Send paper copies to the office.
3. Bring your items into the office and I will photocopy them for you.

School Pictures September 20 – School pictures will be taken Tuesday, September 20 (and Wednesday, Sept. 21 for the alternate Preschool class).

Note – We could use one parent helper for the morning of Sept. 20. Contact April if you are able to help.

Next "Mornings with Me:, Wednesday, Sept 14, 8:00 -9:30am

Crown of Life gym, large body and sensory play for ages 0-4!

Absences/Late Arrivals – Email the **office and your child's teacher** if your child will be absent, arrive late, leave early etc. This ensures that everyone has the correct information. Thank you.

Sign In Sheet in office – All volunteers and visitors must stop in the office to sign in. You will also need to come in to sign your child out when they are leaving early for the day. **Grades K-2 leaving early – Parents come in to sign your child out and then proceed to the classroom to pick them up.**

Mission News - Our first semester mission offerings are going to St. John/San Juan Lutheran Church right here in St. Paul, MN. Several Crown of Life Students and one Crown of Life teacher (Mrs. Otto) attend St. John. St. John/San Juan is experiencing some exciting changes! They are beginning a new outreach mission to Spanish-speaking people in St. Paul. They are hoping to buy Latin drums and other rhythm instruments for St. John's new mission. They are also planning to buy some materials for Juntos con Jesus, a program where kids and parents can come learn about Jesus. How wonderful to imagine that our mission offerings can help people learn about Jesus and make music that praises Him! Mission offerings are collected every Friday during Chapel.

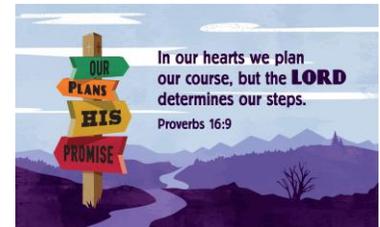
Parking Lot Gate – The gate will be closed every morning at 8:30 am, and opened at 3:05 pm, or once the Phy Ed classes have cleared the parking lot.

Pick Up and Drop Off – Due to the construction on Crusader Ave., please watch for updates to be sent out as needed via text and email.

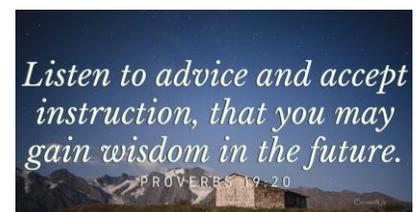
Important Dates

Sept 15	PTN mtg @ Fooths, 6 pm
Sept 20	School Pictures
Sept 21	School Pictures Alt Preschool Class
Sept 25	Preschool-8 sing 8 or 10:30am WSP 9:00am EGN
Sept 26-30	NWEA MAP testing
Sept 30	Bus Evac Drill 9:00am

Our Plans, His Promise



Good News



Classroom News

[Preschool Classroom](#)

[Kindergarten Classroom](#)

[1st Grade Classroom](#)

[2nd Grade Classroom](#)

[3rd Grade Classroom](#)

[4th Grade Classroom](#)

[5th Grade Classroom](#)

[6th – 8th Grade Departmentalized](#)

[AD News](#)

[September menu - attached](#)

[Lunch Sign up Google Form – Sept.](#)

Parent Teacher Network (PTN) will kick off on Thursday, September 15 at 6:00 p.m. at Alison Footh's home (1310 121st Street West, Rosemount). Please join us for a brief social and meeting. If you have any questions, please email Alison Footh at alisonfooth@gmail.com. We look forward to seeing you!

Lunch Program -CKC GoodFood will again provide our lunches. CKC offers these options: hot, hot vegetarian, cold and deli salad. Salad bar is included with each lunch. The cost for lunch is \$4.25 (includes milk); milk only is 60 cents. Lunch orders are due each **Monday at noon, for the following week**. Please order for the entire month if you are able. Families will be billed for lunch/milk via PaySimple at the beginning of each month, for the previous month's orders. The lunch menu and link to the Google SignUp sheet are sent home with every Raider Review.

Pastor Burgess has received a Divine Call to Trinity Lutheran Church in Marinette, WI. Please pray for his deliberation. Click [here](#) to read our Call Explanation Sheet.

Church Picnic – Sunday, Sept 11, 11:45. Everyone is invited for food, fellowship and activities for the kids! Help is needed on Saturday with food prep, and Sunday with setup, grilling, serving, kids activities and cleanup. Sign up [here](#).

SCLA Fall Sports Night - Monday, September 19

JV Football, Volleyball & Girls Soccer

JV Football 4:00 Volleyball @ 4:15, 5:15 & 6:30 Girls Varsity Soccer @ 7:00

Free Admission to Grade School Families! Rally Towels will be given to each grade school student!

From the Principal's Office

I recently moved the clock in my office from above my door to right across from me above some cabinets. Why did I move it? Necessity. I took it down the other day to replace the battery and when trying to hang it back up, I pushed in the nail it hung on too far. I'm too short to reach the nail, so I just placed it above the cabinets.

I like it above the cabinets. I think it will stay there permanently. However, I keep looking above my door. Why? Consistency. For two years that clock has been above my door. My muscle memory knows that when I need to look at the clock, turn left. It's hard to break old habits.

Change is hard. For two years I have driven down a bumpy Crusader Avenue. I don't know what I'll do when it's nice and smooth!?!?

You experienced change this year at Crown of Life. Maybe it's your first time at the school. Maybe your child is in third grade now and has to walk UP THE STAIRS! Maybe your child has to remember locker codes for the first time. Maybe you'll come in one entrance for the parking lot in the morning and a different entrance for the afternoon!

Change is hard. We're here for you. The teachers know that every year is a brand new year. The staff work tirelessly to help all students and families understand the ins and outs of a school that is unique. The school understands that every year students will have strengths and struggles and they will work very hard to help each student succeed in body, soul, and mind.

Change is hard. Our Savior is here for us all. He knows our struggles. He knows our groans. He knows our weaknesses. He knows our anxieties. He knows all these things. He tells us to give Him our worries and anxieties. He tells us to trust Him when change happens; trust that He is working it out for our good.

Our brand new school year has already brought a lot of change. If we remember that the Lord is determining, guiding, and watching over our steps, this change won't be that hard.



(Here's the clock just in case you wanted to see it. The apple is my snack.)

Name : October 2022 Crown of Life School Lunch Menu			Options Provided : Hot, Hot Vegetarian, Cold Meals		
Age Group:K-12			Meal: Lunch		

Week IV	Monday, October 3, 2022	Tuesday, October 4, 2022	Wednesday, October 5, 2022	Thursday, October 6, 2022	Friday, October 7, 2022
Hot Meal	Sheet Pan Chicken w/Veggies Dinner Roll Assorted Salad Bar Fruit of the Day	Brunch Lunch French Toast Sticks, Berries & Syrup Assorted Salad Bar Fruit of the Day	Spaghetti w/ Sauce Garlic Roll Assorted Salad Bar Fruit of the Day	Crispy Chicken Patty Sandwich Bakery Bun & Mayo French Fries & Ketchup Assorted Salad Bar Fruit of the Day	Creamy Homemade Mac & Cheese Assorted Salad Bar Fruit of the Day Elf Grahams
Hot Veg	Garden Cheeseburger	Cheese Quesadilla	Pizza Crunchers w/ Sauce	French Toast Sticks & Syrup	Grilled Cheese Sandwich
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week V	Monday, October 10, 2022	Tuesday, October 11, 2022	Wednesday, October 12, 2022	Thursday, October 13, 2022	Friday, October 14, 2022
Hot Meal	Mozzarella Burger WG Bakery Bun & Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	Sesame Chicken Steamed White Rice Assorted Salad Bar Fruit of the Day	Chicken Tenders Ketchup Sun Chips Assorted Salad Bar Fruit of the Day	Walking Taco Nacho Chz Chips, Seasoned Beef w/ Shredded Chz, Cilantro Assorted Salad Bar Fruit of the Day	Pomodoro Meatballs & Pasta Garlic Roll Assorted Salad Bar Fruit of the Day
Hot Veg	Mozzarella Veggie Burger	Veggie Lasagna Roll	Cheese Hot Pocket w/ Italian Dip	Veggie Nuggets w/ Ketchup & Dinner Roll	Cheese Quesadilla
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week VI	Monday, October 17, 2022	Tuesday, October 18, 2022	Wednesday, October 19, 2022	Thursday, October 20, 2022	Friday, October 21, 2022
Hot Meal	Golden Corn Dog w/ Ketchup Cool Ranch Doritos Assorted Salad Bar Fruit of the Day	Cheeseburger Fresh Bakery Bun & Ketchup Sun Chips Assorted Salad Bar Fruit of the Day	EARLY DISMISSAL 11:30AM NO LUNCH SERVED	NO SCHOOL	NO SCHOOL
Hot Veg	Pizza Crunchers & Italian Dip	Garden Cheeseburger			
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun			

Week I	Monday, October 24, 2022	Tuesday, October 25, 2022	Wednesday, October 26, 2022	Thursday, October 27, 2022	Friday, October 28, 2022
Hot Meal	All Beef Hot Dog WG Bun, Ketchup & Mustard Assorted Salad Bar Fruit of the Day	Chicken Alfredo Penne Soft Dinner Roll Assorted Salad Bar Fruit of the Day	Mandarin Orange Chicken Seasoned White Rice Assorted Salad Bar Fruit of the Day	Build Your Own Burrito Wrap Tortilla, Taco Meat, Lime Cilantro Rice Sour Cream Assorted Salad Bar Fruit of the Day	Pizza Crunchers & Marinara Assorted Salad Bar Fruit of the Day
Hot Veg	Grilled Cheese Sandwich	Smothered Garden Patty w/ WG Roll	Quesadilla	Creamy Mac & Cheese	Stuffed Breadsticks w/ Sauce
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Honey Mustard Grilled Chicken Bun	Turkey on Ciabatta Roll w/Mayo	Grilled Chicken & Cheese Bun	Ham & Proulone on WW Bread

Week II	Monday, October 31, 2022	Chef Spotlight - Nora Martinez (Food Service Manager, CKC)			
Hot Meal	"New" BBQ Joe Sandwich Cheetos Assorted Salad Bar Fruit of the Day	An easy and tasty recipe for Thanksgiving, or even a barbeque night			
Hot Veg	BBQ Garden Burger	"I love cooking for family and friends. Cooking this recipe together as a team with my children for Thanksgiving brings me memories of when I was younger and helped my mother to prepare this special dish. Now that I grew up, I enjoy cooking special meals that my mother used to prepare for our family. Loaded potatoes was a favorite dish on our plate for Thanksgiving and we enjoy every bite of it with special memories. - Nora"			
Cold	Turkey & Cheddar Chz Wrap w/ Mayo	Chef Nora's recipe for 'Loaded Potatoes' is on Page 2			

*** Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.