



Menu Info		Name : May 2022 Crown of Life Lunch Menu			Options Provided : Hot, Hot Vegetarian, Cold Meals & Deli Salads	
		Age Group : K-8			Meal : Lunch	
		Monday, May 02, 2022	Tuesday, May 03, 2022	Wednesday, May 04, 2022	Thursday, May 05, 2022	Friday, May 06, 2022
Week VI		Premium Chicken Nuggets	Build Your Own Cheesy Nachos	Cheeseburger	Chicken Enchilada Rice Bowl	Swedish Meatballs
Hot Meal		Ketchup	Warm Cheddar Cheese Sauce, Seasoned Beef w/ Tortilla Chips, Sour Cream & Cilantro	Fresh Bakery Bun, Ketchup & Pickles	Brown Rice w/ Seasoned Chicken	WG Dinner Roll
		Cool Ranch Doritos		Salad Bar	Shred Cheese & CKC Boom Sauce	Mashed Potatoes
		Salad Bar	Salad Bar	Peaches Cup	Salad Bar	Salad Bar & Giant Goldfish
		Fresh Pears	Banana	Elf Grahams	Mixed Berry Cup	Crisp Varietal Apple
Hot Veg		Pizza Crunchers & Italian Dip	Veggie TexMex Wrap	Garden Cheeseburger	Cheese Quesadilla	Swedish Veggie Patty
Cold		Turkey Bun w/ Mayo	Grilled BBQ Chicken Bun	Turkey & Cheddar Chz Wrap w/ Mayo	Asian Chicken Sticky Bun	Teriyaki Chicken Bun
		Monday, May 09, 2022	Tuesday, May 10, 2022	Wednesday, May 11, 2022	Thursday, May 12, 2022	Friday, May 13, 2022
Week I		Louisiana Chicken Sandwich	All Beef Hot Dog	Chicken Biryani w/Yogurt Sauce	Burrito Bowl	
Hot Meal		WG Bun, Pickle Rounds w/ CKC New Orleans Sauce	WG Bun, Ketchup & Mustard  Cool Ranch Doritos	Salad Bar  Mini Gripz	Brown Rice w/Seasoned Beef  Shred Cheese, CKC Youza Sauce	EARLY DISMISSAL  NO LUNCH SERVED
		Sun Chips	Salad Bar	Crisp Varietal Apple	Salad Bar	GRANDPARENTS' DAY
		Salad Bar & Fresh Pears	Banana		Peaches Cup	
Hot Veg		Louisiana Veggie Burger	Grilled Cheese Sandwich	Twisted Cheese Breadsticks	Cheese Quesadilla	
Cold		Turkey Bun	Honey Mustard Chicken on WG Bun	Chicken Caesar Wrap	Chicken & Cheese Torta Sandwich	
		Monday, May 16, 2022	Tuesday, May 17, 2022	Wednesday, May 18, 2022	Thursday, May 19, 2022	Friday, May 20, 2022
Week II		Golden Corn Dog w/ Ketchup	Yahya! Boneless Chicken Wings	Meatball Sub w/Mozzarella	Brunch Lunch	Tex Mex Wrap
Hot Meal		Goldfish Pretzels	Honey Mustard	Salad Bar	Buttermilk Pancakes, Berries & Syrup	Seasoned Beef, Tator Tots, Eggs & Cheese w/ WG Tortilla
		Salad Bar	Salad Bar	Mixed Berry Animal Crackers	Fruited Yogurt Cup	Salad Bar & Cinnamon Goldfish
		Fresh Pears	Crispy Mini Wafers	Peaches Cup	Salad Bar	Fresh Citrus Fruit
			Banana		Mixed Berry Cup	
Hot Veg		BBQ Garden Burger	Creamy Mac & Cheese	Veggie Lasagna Roll	Buttermilk Pancakes & Syrup w/Fruited Yogurt Cup	Cheese Quesadilla
Cold		Wowbutter & Jelly Sandwich	Sesame Chicken Bun	Turkey & Cheese Wrap w/Mayo	CKC Crazy Good Chicken Bun	Asian Chicken Sticky Bun
		Monday, May 23, 2022	Tuesday, May 24, 2022	Wednesday, May 25, 2022	Thursday, May 26, 2022	Friday, May 27, 2022
Week III		Youza Chicken Bites Wrap	Good Ole Fashioned Hamburger	Mandarin Orange Chicken	Cheesy Lasagna Roll	
Hot Meal		WG Tortilla & Chicken Bites w/ Shred Chz, Chopped Cilantro & CKC Youza Sauce	w/ Pickle Rounds & Ketchup  WG Cool Ranch Doritos	Steamed Brown Rice  Salad Bar	Salad Bar  Mixed Berry Cup	EARLY DISMISSAL  NO LUNCH SERVED
		Nacho Chz Doritos	Salad Bar	Peaches Cup	Elf Grahams	LAST DAY OF SCHOOL
		Salad Bar & Fresh Pears	Banana			
Hot Veg		Bean & Cheese Burrito	Veggie Burger	Egg Fried Rice	Veggie Lasagna Roll	
Cold		Chicken & Cheese Torta Sandwich	Lime Chicken Bun w/Boom Sauce	Banh Mi Chicken Sandwich w/Sauce	Chicken & Cheddar Wrap	
		Monday, May 30, 2022	Tuesday, May 31, 2022	Chef Spotlight - Steve Fleming (Inventory Analyst)		
Week IV		Lemony Garlic Chicken	Mongolian Meatballs	Another Pi(e) that goes on and forever  Recently when thinking about buying a pie for holidays, I recalled a pie, that my dad had made when I was a kid, which I hadn't seen since moving to Minnesota 25 years ago. After calling around - and getting a few laughs and comical remarks - I discovered no one had even heard of such a pie at the half-dozen local bakeries I called. I also read this dessert was a favorite of Johnny Cash and decided if it was good enough for the "The Man In Black", then I'd just make my own! I don't recall ever baking a pie before myself, but this recipe was even easy enough for me. This recipe only takes 5, 6, or 7 ingredients, depending on what options you pick. (Note: While this isn't an exact copy, this is pretty close to the online recipes of the "Johnny Cash's Mom's" version.)  -Steve		
Hot Meal		Served on Warm Cilantro Rice	WG Dinner Roll			
		Salad Bar	Mashed Potatoes			
		Fresh Pears	Salad Bar			
		Banana & Animal Crackers				
Hot Veg		Pizza Crunchers & Italian Dip	Swedish Veggie Patty w/ WG Roll			
Cold		Turkey Bun	CKC Crazy Good Chicken Bun	Chef Steve Fleming's 'Easy Pineapple Pie' is on Page 2		
Hot Veg and Cold meals are served with vegetables and fruit of the day						
Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruits and milk)						
Days	Monday	Tuesday	Wednesday	Thursday	Friday	
Deli Salads (Vegetarian choices come with eggs in the place of chicken)	Grilled Chicken Caesar Salad  Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing	Grilled Chicken Asian Salad  Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Roll added to complete the WG requirement	Grilled Chicken Southwest Taco Salad  Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	Grilled Chicken Bistro Salad  Bistros are simple, casual and informal restaurants. Bistro salads carry that essence, with simple but hearty Romaine and Spinach salad, along with Chicken Breast & WG Roll.	Grilled Chicken Power Green Salad  Powerful greens like Kale and Spinach raise the bar on this super green salad, with craisins bedazzling the look. Chicken Breast takes protein part, with WG roll for grains.	