



**April 2021 SFSP K-12 Hybrid Combo A Lunch Menu (with options for In-School (Hot, Hot Vegetarian & Cold) & Virtual (Cold Distant Bundle))**

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Food, but Not Food</b>				
Hot Lunch	Oatmeal is a popular ingredient in many skin soothing lotions and creams.			Cheeseburger Ketchup Steamed Corn Fruit of the Day Milk (OVS)	GOOD FRIDAY NO SCHOOL
	Citrus fruits act as natural deodorizer and insect repellent.				
	Salt and lemon mixture removes rust.				
Week III	Ketchup removes tarnish from brass fixtures.				
	5	6	7	8	9
Hot Lunch	NO SCHOOL	Chicken Taco Wrap WG Tortilla, Crunch Chicken Shredded Cheese, Boom Sauce Creamy Bean Dip & Tortilla Chips Fruit of the Day / Milk (OVS)	Old Fashioned Hamburger WG Bun, Ketchup, Mustard & Pickles Cheezits Baby Carrots & Ranch Fruit of the Day / Milk (OVS)	Orange Chicken Seasoned Brown Rice Celery Sticks & Dip Fruit of the Day Milk (OVS)	Cheeseburger Pasta Bake Steamed Green Beans Fruit of the Day Milk (OVS)
Week IV					
	12	13	14	15	16
Hot Lunch	Meatball Sub w/ Mozzarella Cheese WG Bun Cool Ranch Doritos Steamed Corn Fruit of the Day / Milk (OVS)	Sweet & Sour Chicken Seasoned Rice Crisp Salad & Homemade Dressing Fruit of the Day Fortune Cookie & Milk (OVS)	Hearty Walking Beef Taco Nacho Cheese Chips & Homemade Taco Meat, Shredded Cheese Cheesy Refried Beans Fruit of the Day / Milk (OVS)	Chicken Fritter Wrap w/ Youza Sauce Chicken Fritters, WG Tortilla Cheese & Youza Sauce Baby Carrots & Ranch Fruit of the Day / Milk (OVS)	Beef Stroganoff Grated Parmesan Chz w/ Parsley Wheat Dinner Roll Steamed Mixed Vegetables Fruit of the Day / Milk (OVS)
Week V					
	19	20	21	22	23
Hot Lunch	Premium Chicken Nuggets Ketchup Nacho Cheese Doritos Steamed Sweet Corn Fruit of the Day / Milk (OVS)	All Beef Hamburger WG Bun & Ketchup Cheetos Steamed Green Beans Fruit of the Day / Milk (OVS)	Hawaiian Teriyaki Grilled Chicken Sandwich Sweet Chili Doritos Garden Salad & Dressing Fruit of the Day Milk (OVS)	Brunch Lunch French Toast Sticks & Syrup 100% V Juice Fruit of the Day Milk (OVS)	Build your Own Beef & Chz Nachos Tortilla Chips, Seasoned Beef Cheddar Chz Cup & Sour Cream Cheesy Refried Beans Fruit of the Day / Milk (OVS)
Week VI					
	26	27	28	29	30
Hot Lunch	Juicy Mozzarella Burger WG Bun & Ketchup Cool Ranch Doritos Steamed Sweet Corn Fruit of the Day / Milk (OVS)	Golden Chicken Tenders Ranch Dip Mini Goldfish Crackers Steamed Green Beans Fruit of the Day / Milk (OVS)	Cheesy Quesadilla Steamed Corn Fruit of the Day Elf Grahams Milk (OVS)	Sesame Chicken Steamed Rice Crisp Celery Sticks Fruit of the Day Milk (OVS)	Meatball Mac & Cheese Dinner Roll Caesar Salad w/ Caesar Dressing Fruit of the Day Milk (OVS)
Week I					

Weeks	Vegetarian Lunch Options are Offered Daily (Served with Veggie & Fruit of the Day)*				
I,III,V	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Veg	Garden Burger	Cheese Calzone	Pizza Crunchers w/Italian Dip	Mac & Cheese	Wild Mikes Cheese Bites & Italian Dip
Cold	Cheese Bun	Yogurt Cup, Cheese Stick & Muffin	Wow Butter Cup, Cheese Stick & Bagel	Cheese Sandwich on Wheat Bread	Sun Seeds & Raisins Pack (Has 1/2 Cup Fri), Chz Stick & Strawberry Boli
II,IV,VI	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Veg	Cheese Quesadilla & Cholula	Cheese Lasagna	Cheese Bosco Sticks w/Italian Dip	Bean & Cheese Burrito	Grilled Cheese Sandwich
Cold	Yogurt, Cheese Cubes & Stuffed Cream Cheese Bagel	Cheese Cup, String Cheese & Tortilla	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Egg Salad Bun

\*Skim and 1% milk choices offered daily.

\*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

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Menu is subject to infrequent changes





**May 2021 NSLP K-8 Hybrid Combo A Lunch Menu (with options for In-School (Hot, Hot Vegetarian & Cold) & Virtual (Cold Distant Bundle))**

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch	<b>Golden Chicken Patty Sandwich</b> WG Bun & Ketchup Baked Cheetos Steamed Mixed Vegetables Chilled Fruit of the Day	<b>Enchilada Pasta</b> Fresh Cilantro Steamed Sweet Corn Fresh Fruit of the Day	<b>Build Your Own TexMex Meatball Wrap</b> Southwest Seasoned Meatballs WG Tortilla, Shred Chz & Sour Cream Cholula Sauce & Black Bean Salad Fresh Fruit of the Day	<b>Brunch Lunch</b> Pancakes & Colby Cheese Omelet Baby Carrots Chilled Fruit of the Day	<b>Chicken &amp; Potato Pilaf</b> Steamed Broccoli Fresh Fruit of the Day
Week II					
Hot Lunch	<b>Mongolian Meatballs</b> Steamed Rice Seasoned Kidney Bean Lime Salad Chilled Fruit of the Day	<b>Cheddar Chicken Patty Sandwich</b> WG Bun, Breaded Chicken Patty Shred Cheddar Cheese, Ketchup Baby Carrots, Lemon Blueberry Bites Fresh Fruit of the Day	<b>Brunch Lunch</b> French Toast Sticks, Wild Blueberries Syrup Crisp Dinner Salad & Dressing Fresh Fruit of the Day	<b>Cheeseburger</b> Ketchup Steamed Corn Fruit of the Day	<b>EARLY DISMISSAL NO LUNCH SERVED</b>
Week III					
Hot Lunch	<b>Homemade Southwest Joe</b> WG Bun & Shredded Cheese Steamed Corn Chilled Fruit of the Day	<b>Chicken Taco Wrap</b> WG Tortilla, Crunch Chicken Shredded Cheese, Boom Sauce Creamy Bean Dip & Tortilla Chips Fresh Fruit of the Day	<b>Old Fashioned Hamburger</b> WG Bun, Ketchup, Mustard & Pickles Cheezits Baby Carrots Fresh Fruit of the Day	<b>Orange Chicken</b> Seasoned Brown Rice Fresh Broccoli & Dip Chilled Fruit of the Day Asian Sweet Chili Doritos	<b>Cheeseburger Pasta Bake</b> Steamed Green Beans Fruit of the Day
Week IV					
Hot Lunch	<b>Meatball Sub w/ Mozzarella Cheese</b> WG Bun Mixed Berry Animal Crackers Steamed Corn Chilled Fruit of the Day	<b>Sweet &amp; Sour Chicken</b> Seasoned Rice Fresh Broccoli & Dip Fresh Fruit of the Day Fortune Cookie	<b>Hearty Walking Beef Taco</b> Nacho Cheese Chips & Homemade Taco Meat, Shredded Cheese Kidney Bean Lime Salad Fresh Fruit of the Day	<b>Chicken Fritter Wrap w/ Youza Sauce</b> Chicken Fritters, WG Tortilla Cheese & Youza Sauce Baby Carrots Chilled Fruit of the Day	<b>LAST DAY OF SCHOOL EARLY DISMISSAL NO LUNCH SERVED</b>
Week V					
Hot Lunch	<b>Future Technologies in Food Industry</b> Forward, Future, Food				
	<b>3 D Printing</b> 3 D printing has already stepped into food industry, where a hospital in Netherlands has successfully 3D printed food for people with chewing difficulties. Enabling waste reduction, sustainability and handling complex textures and designs, 3D printing is already breaking grounds in food industry.		<b>Vertical Farming</b> With urbanization and reduction of agricultural lands, vertical farming is a boon to future food industry. One of the models of vertical farming is a farming tower where each floor including roof is used for producing crops.		
Week VI					

Weeks I,III,V	Vegetarian Lunch Options are Offered Daily (Served with Veggie & Fruit of the Day)*				
Hot Veg	<b>Garden Burger</b>	<b>Cheese Calzone</b>	<b>Pizza Crunchers w/Italian Dip</b>	<b>Mac &amp; Cheese</b>	<b>Wild Mikes Cheese Bites &amp; Italian Dip</b>
Cold	Cheese Bun	Yogurt Cup, Cheese Stick & Muffin	Wow Butter Cup, Cheese Stick & Bagel	Cheese Sandwich on Wheat Bread	Sun Seeds&Raisins Pc (Has 1/2 Cup Fti), Chz Stick& Strawberry Boli
II,IV,VI	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Hot Veg	<b>Cheese Quesadilla &amp; Cholula</b>	<b>Cheese Lasagna</b>	<b>Cheese Bosco Sticks w/Italian Dip</b>	<b>Bean &amp; Cheese Burrito</b>	<b>Grilled Cheese Sandwich</b>
Cold	Yogurt, Cheese Cubes & Stuffed Cream Chz Bagel	Cheese Cup, String Cheese & Tortilla	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Egg Salad Bun

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