



# AD NEWS

“You have to expect things of yourself before you can do them”.

Michael Jordan

## Week 3 (September 14 – 18)

**SPORTS PICTURES:** All the fall sports teams (including cross country and disc golf) will have their team and individual sports pictures taken on Tuesday, Sept. 15. Order forms will be sent home Monday along with a note containing more information and details. Preorder @ [Cahill Photography](#)

**SOCCER:** The soccer team had their first game of the season on Thursday against Bloomington. Even though it ended in a loss for COL, it was great to see the players work their hardest and never give up. It was also great to see sports happen again, and to have something to cheer for! The next soccer game is Thursday, Sept. 17 AWAY at King of Grace. The game will be played at Forest Park ([7001 48th Ave N, Crystal, MN 55428](#)) beginning at 4pm. The same Sports Pick-Up along Crusader will be used again (as it was for the first game) to pick up the soccer players and any siblings.

**VOLLEYBALL:** The girls will have their first games of the season today (Friday, Sept. 11). Good luck to our volleyball teams. Their next game is Thursday, Sept. 17 AWAY at King of Grace ([6000 Duluth St, Golden Valley, MN 55422](#)). The A Team will play first at 4pm, followed by the B Team around 4:45pm. Remember there will not be any locker rooms available for visiting teams to change in before their games.

**UNIFORM CARE:** Please make sure the proper procedures are taken to ensure the care of all COL uniforms. Using a color guard is recommended during washing and the jersey should never be put in the drier; please air dry only.



**Disc Golf:** Disc golfers will have their first practice on Friday, Sept. 18 at the [Garlough Disc Golf Park](#) just north of COL. The first meet is on Saturday, Sept. 19 at Bassett Creek Park in Crystal ([5524 29th Ave N, Crystal, MN 55422](#)). Rules, course orientation and hole assignments will begin at 9am: shot gun start to follow.



Soccer	9/10
vs. Bloomington	
COL	0
Bloomington	6



The COL Team App is up and running and will be used for all sports related communication such as last minute changes to the game schedule or practice cancellations. You will also find pdf documents on the app and other useful information. Download the app, sign-up and select “request access” to your child’s sports team. If you have any questions or trouble finding the COL Sports Teams on the app, email or speak with Mr. Ohm.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>14</b> Volleyball Practice <b>B</b> 3:15 – 4:30 <b>A</b> 4:30 – 5:45  Soccer Practice 3:15 – 4:45	<b>15</b>  <b>FALL SPORTS PICTURE DAY</b> (for all fall sports athletes including CC and Disc Golf)  Volleyball Practice <b>B</b> 3:15 – 4:30 <b>A</b> 4:30 – 5:45  Soccer Practice 3:15 – 4:45	<b>16</b> Volleyball Practice <b>B</b> 3:15 – 4:30 <b>A</b> 4:30 – 5:45  Soccer Practice 3:15 – 4:45	<b>17</b>  <b>V-Ball AWAY GAME</b> <b>“A”</b> @ King of Grace (4:00 – 5:00) <b>“B”</b> @ King of Grace (5:00 – 6:00)   <b>Soccer AWAY Game</b> @ King of Grace (4:00 – 5:00) Played @ Forest Park	<b>18</b> Disc Golf Practice @ Garlough Park 3:15– 4:30	<b>19</b>  <b>Disc Golf Meet</b> @ Bassett Creek (Crystal) 9am - Noon

# **TCLGSAL COVID 19 Protocols for Games**

*Updated 8-14-20*

## **Prior to the Event**

- League requests that only one parent per player attend an indoor sporting event - when at all possible.
- All people entering buildings for athletic events will get a temperature check. Players will also receive temperature checks before leaving for the event.
- All players should arrive at the host school already dressed in their uniforms and water bottles filled. Locker rooms will not be available for visiting teams.

## **Protocols for Warm Ups and Games**

- Soccer teams should use their own soccer ball for warmups. The game ball will be sanitized and not used for warmups.
- Volleyballs used for warmups and the game balls will be sanitized by the host school prior to being used. Game balls will be sanitized before each game. Teams will not switch sides between games.
- Several game balls will be sanitized before the start of the contest. A ball that goes into stands and is touched by a fan will be placed aside to be sanitized and replaced by a sanitized game ball.

## **Protocols for Fans and Mask Wearing**

- Fans will have an assigned section in the gym. Fans will be expected to stay in their original seat as much as possible while social distancing. Fans sitting outside will be responsible for social distancing.
- Masks will be expected to be worn by fans while inside a facility according to the state mandate.
- All words and symbols on masks must adhere to the host school's dress code.
- Players who are actively warming up or participating in the contest will not be required to wear a mask. Players who are not actively in the game will be required to wear a mask when possible.
- Coaches will not be required to wear a mask while coaching their teams.

## **Protocols for Coaches and Players**

- Coaches must ensure that players have washed or sanitized their hands prior to warming up and participating in the game as well as after the competition is concluded.
- Following the game, players should line up on their side of the court/field, across from the opposing team for a show of sportsmanship/recognition and say, "Good game!"
- If a player tests positive, they will not be allowed to participate and they must follow their schools protocols in order to become eligible again.